

OPIOID OVERDOSE REVERSAL

THE 5 MOST IMPORTANT STEPS

1

LOOK FOR SIGNS OF OPIOID OVERDOSE

- Unconsciousness
- Slow or shallow breathing
- Fingernails turning blue or purple
- Try grinding knuckles into sternum (breastbone) to wake them up

2

CALL 911 FOR HELP

- A person experiencing an overdose needs immediate attention
- Call 911 for help right away
- "Someone is unresponsive and not breathing"

3

ADMINISTER NALOXONE

- Administer the first dose of naloxone
- Wait 2 to 3 minutes
- Administer second dose of naloxone, if no response
- For larger quantities or fentanyl-involved overdoses may take more doses

4

SUPPORT THE PERSON'S BREATHING

- Be sure the airway is clear
- Tilt the head back and pinch the nose closed
- Place your mouth over the person's mouth and give 2 slow breaths
- Follow with 1 breath every 5 seconds

5

MONITOR THE PERSON'S RESPONSE

- Individuals should be monitored for at least 4 hours after an overdose by medical professionals
- A person can go back into an overdose after the first dose of naloxone wears off in 30-90 minutes

SOURCE: SAMHSA OPIOID OVERDOSE PREVENTION TOOLKIT